

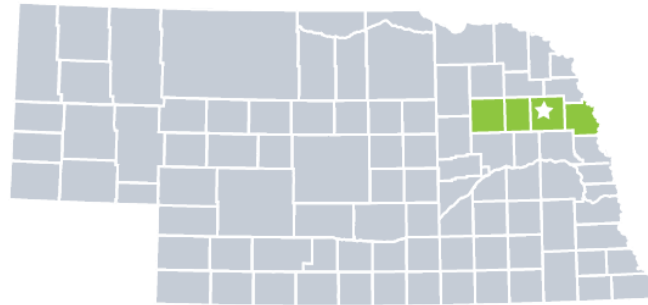


2023

ANNUAL REPORT

ELKHORN LOGAN VALLEY PUBLIC HEALTH DEPARTMENT

"Healthy People Living in Healthy Communities."



BURT, CUMING, MADISON, STANTON

Our Priorities

Elkhorn Logan Valley Public Health Department (ELVPHD) conducted a Community Health Needs Assessment in 2022 with 1,657 unduplicated participants. The top five health concerns identified by survey respondents included: 1) mental health; 2) cancer; 3) challenges getting healthy and affordable food; 4) heart disease; and 5) getting enough exercise. Affordable care, cancer, and heart disease were the top responses to the question, "What worries you most about your health or the health of your family?" The ELVPHD Community Health Improvement Plan was revised, updated, and adopted by the Board of Health in December 2022. Two main priority areas identified are:

1. Behavioral/mental health (carried over from 2013, 2016, and 2019); and
2. Cancer prevention and screening (identified in 2013 and 2016).



Gina Uhing
Health Director
gina@elvphd.ne.gov

17 employees | population 57,170

www.elvphd.ne.gov

(402) 529 - 2233



Nationally Accredited



53 lead water tests completed in area schools

MATERNAL, CHILD, & FAMILY HEALTH

What we do: ELVPHD, in partnership with the State Drinking Water Division at the Nebraska Department of Environment and Energy, is testing for lead in drinking water at schools and licensed childcare facilities.

Why we do it: Children under age 6 are most susceptible to the harmful effects of lead. Children often spend most of their day at school or daycare. Many schools and childcare facilities may have plumbing that contains lead.

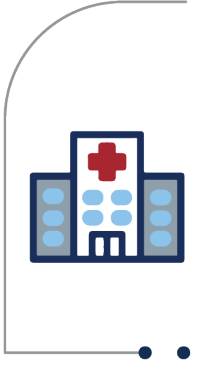


160 investigations of reportable diseases (other than COVID-19)

COMMUNICABLE DISEASE CONTROL

What we do: ELVPHD performs public health surveillance and prevents and controls the spread of illness and disease. This is done through monitoring reportable illnesses reported by area labs, clinics, and hospitals.

Why we do it: ELVPHD strives to keep the communities and people safe from illnesses related to food, water, insects and animals, and viral and bacterial infections.

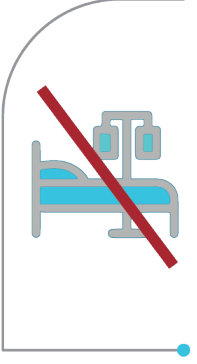


39% of children have tooth decay

ACCESS TO & LINKAGE WITH CLINICAL CARE

What we do: A Public Health Dental Hygienist provides preventive dental services in local schools and childcare centers. This includes oral health screenings, fluoride varnish and dental sealant application, and education.

Why we do it: 47% of children participating in Smile in Style services do not receive regular dental care. At the same time, the ELVPHD area has decreasing options for dental providers who accept Medicaid.



36 class participants lost a total of **359 pounds**

CHRONIC DISEASE & INJURY PREVENTION

What we do: ELVPHD holds CDC recognition for teaching the evidence-based National Diabetes Prevention Program. Scale Down weight-loss classes are available to participants with an option of in-person or virtual classes.

Why we do it: 71.8% of adults in the ELVPHD district reported being overweight or obese, thus being at a high risk for diabetes. Surveys show that weight loss, physical activity, and nutrition are areas of desired learning.



163 radon test kits distributed

ENVIRONMENTAL PUBLIC HEALTH

What we do: ELVPHD provided 163 short-term radon test kits in the district, educated through traditional and social media, and provided information about radon mitigation in homes with test results higher than 4 pCi/l.

Why we do it: Radon is the second leading cause of lung cancer overall, and the leading cause of lung cancer in nonsmokers. All counties in ELVPHD have high radon levels (>4.0 pCi/l).

ELKHORN LOGAN VALLEY PUBLIC HEALTH DEPARTMENT (ELVPHD)

BURT CUMING MADISON STANTON

Minority population: **17.1%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander

10% of residents speak languages other than English
Common Languages: Spanish & Karen

Minority Health Initiative (MHI)



MHI eligible residents: **10,289**



Funds Received FY 2022-2023: **\$63,511**

Strategies & Outcomes

ELVPHD utilized the evidence-based Eating Smart, Being Active (ESBA) program to address health disparities in the minority populations of our district. A total of 64 people completed the program in the 2022-23 fiscal year. Throughout the program, topics such as mental health, alcohol and drug use, and healthy living were discussed in each group. Along with ESBA, the bilingual ELVPHD staff served as a referral resource for clients for various personal, family and household needs, such as domestic violence, rental assistance, food assistance, etc. Pre/post tests were administered to 100% of participants. These tests showed 28% of participants increased their knowledge after their participation in ESBA when compared to the pre-program baseline assessment.

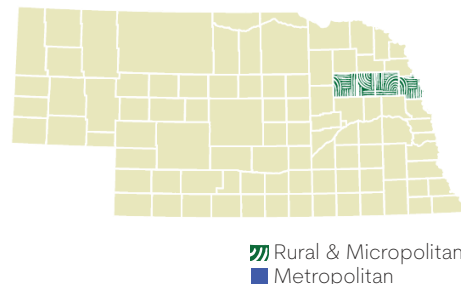
Other work helping all communities thrive

Under the immigration laws, noncitizens applying for an immigrant visa, or seeking to adjust status to a lawful permanent resident while in the US, are required to receive certain vaccinations to prevent disease. ELVPHD administered 1,025 immigration vaccines to immigrants, refugees, and migrants. Provision of vaccines to individuals helps to prevent the introduction of infectious diseases in the district and beyond. Resources are limited and demand often exceeds supply. A maintained waiting list ensures recipients can promptly continue their application process at times when vaccines are available.

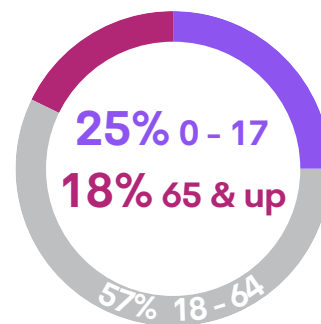
Other Demographics:

Based on total population: 57,170

4 Rural counties:



Ages:



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Gina Uhing | Director | gina@elvphd.ne.gov



We speak English & Spanish!