

+2024-2025 Annual Report

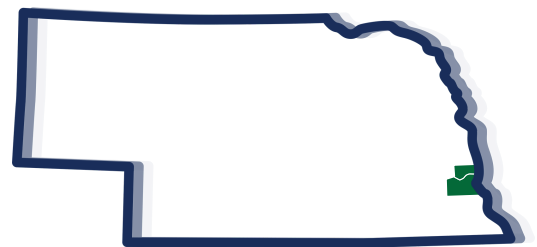
Sarpy/Cass Health Department (SCHD)

 **11 employees** 

 **221,014 residents** 

CHIP Priorities:

- ▶ Connect People to Increased Social Support
- ▶ Reduce Stigma of Mental Health & Substance Use Disorders
- ▶ Increase Connections to Mental Health & Preventive Resources
- ▶ Understanding Trauma



2 metro counties

Cass and Sarpy Counties



1 of 18

NE LHDs implementing
Nat'l accreditation
standards



0.48

FTEs per 10,000
(Nat'l average is 5.6)



13%

of adults report
fair to poor health

"...we look for opportunities to provide programs that help residents of every age achieve and maintain good health."

—Sarah Schram, Health Director
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Sarpy/Cass Health Department (SCHD) 2024-2025

Examples of Foundational Public Health Services



1,404 postpartum peer support encounters

Maternal, Child, & Family Health

Breastfeeding is ideal nutrition for babies. The WIC Breastfeeding Peer Educator Program provides personalized, culturally sensitive support to help WIC families succeed with breastfeeding. Peer Educators offer one-on-one and small-group guidance, connect families to resources, and empower mothers to reach their breastfeeding goals.



2,900 residents in chronic disease & injury programs

Chronic Disease & Injury Prevention

Unintentional injuries, many of which are preventable, are a leading cause of death and disability in children. We promoted childhood injury prevention and healthy living through education and programming on nutrition, fitness, oral health, child passenger safety, home safety, water safety, and mental health for children and families.



58 elevated blood lead level cases investigated

Environmental Health

Lead exposure in children can cause serious, long-term health effects on brain development, growth, and learning. SCHD worked with families to reduce lead exposure and lead poisoning of 58 children. We identify risks and sources, educate guardians, connect families to services, and address medical, environmental, nutritional, and developmental needs.



1,134 children served by oral health program

Access to & Linkage with Clinical Care

Early dental care is key to lifelong healthy teeth and gums, supporting a child's ability to eat, speak, and succeed in school. To promote good oral health habits, we offered our district-wide oral health education program at 17 sites, including preschools, elementary schools, community events, and maternity homes. We served 1,230 residents, mostly children.



1,917 communicable disease cases investigated

Communicable Disease Control

Communicable diseases can significantly impact individuals, communities, and public health systems. Effective control of such diseases reduces healthcare costs, protects vulnerable populations, and prevents outbreaks. SCHD responded to 1,917 cases of reportable diseases through case investigations, contact tracing, and implementing control measures. Chlamydia was the most common reportable disease encountered, especially in adolescents and young adults.

From the Director

Our department remains dedicated to improving the health and well-being of all Sarpy and Cass County residents through prevention, promotion, and protection of public health. This report highlights some of the day-to-day work of our staff in pursuit of our mission to support the highest quality of life for the communities we serve. From breastfeeding education for new families to chronic disease prevention classes for adults and seniors, we look for opportunities to provide programs that help residents at every age achieve and maintain good health.

Over the past year, we celebrated key milestones, including the opening of a new Cass County satellite office in Louisville and a coordinated response to a pertussis outbreak in fall 2024. Our team partnered with schools, childcare centers, and healthcare providers to limit the outbreak to just over 60 cases—combining case investigation with timely communication and education. This effort reflects just one example of how we routinely respond to public health challenges, many more of which are highlighted throughout this report.

To learn more about our ongoing programs and public health updates, I invite you to visit our website at schd.ne.gov or follow us on social media.

—Sarah Schram
sschram@schd.ne.gov

