



fourcorners.ne.gov
(402) 362-2621

+2024-2025 Annual Report

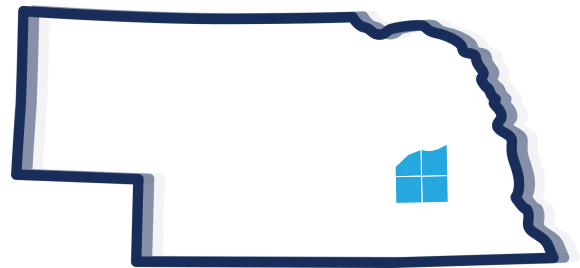
Four Corners Health Department (FCHD)

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15 employees ++
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45,491 residents ++
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CHIP Priorities:

- ▶ Create Thriving Communities
- ▶ Address Mental Health Needs
- ▶ Prevent Injuries
- ▶ Identify & Heal Substance Misuse
- ▶ Transform Systems & Improve Access to Care



4 rural & micropolitan counties

Butler, Polk, Seward, and York Counties



1 of 18

NE LHDs implementing
Nat'l accreditation
standards



3.35

FTEs per 10,000
(Nat'l average is 5.6)



15%

of adults report
fair to poor health

"Innovation in public health transforms challenges into opportunities, creating healthier communities by bringing fresh solutions to the most pressing health needs."

—Laura McDougall, Executive Director
lauram@fourcorners.ne.gov



Four Corners Health Department (FCHD) 2024-2025

Examples of Foundational Public Health Services



448 participants in seminars/workshops

Maternal, Child, & Family Health (MCH)

We launched our Healthy Families America program, serving 25 families. Nearly 450 people participated in workshops for parents and caregivers. Guided by our Youth Mental Health Steering Committee, we also continued work to prevent youth deaths by suicide. Capacity-building strategies include QPR (Question, Persuade, Refer), Youth Mental Health First Aid, ASIST (Applied Suicide Intervention Skills Training), WRAP (Wellness Recovery Action Plan), and mental health system navigation.



3,961 participants in injury prevention programs

Chronic Disease & Injury Prevention

Four Corners empowers residents with chronic disease prevention classes, safe driving education, child car seat checks, and naloxone training. Whether in schools or senior centers, we provide the public with vital health information. These programs save lives, prevent injuries, and build confidence, creating a healthier, safer, and more resilient communities.



42 elevated blood lead level (EBLL) cases investigated

Environmental Health

Four Corners mitigates the risk of diseases related to environmental exposure. We worked with the families of 42 area children with EBLLs to identify possible causes and provide guidance. We also collected 532 mosquito samples to monitor for vector-borne disease, provided supplies to test over 130 private well water samples for contaminants, and distributed 258 radon test kits to help residents monitor their exposure to this cancer-causing gas.



933 children given oral health treatments

Access to & Linkage with Clinical Care

Four Corners screened 363 residents for health-related social needs and connected 40 of them to vital resources (counseling, medication, dental services, and chronic disease support). As part of our preventative oral health program, we directly served 933 children at 20 schools/preschools and 4 residents of long-term care facilities.



199 vaccinations provided

Communicable Disease Control

Four Corners limited the spread of infectious disease and strengthened the health of the entire region by investigating 207 cases of reportable diseases, most often related to animal exposures (n=85). We also administered 199 immunizations to 67 individuals as part of our VFC (Vaccines for Children) program.

From the Director

On behalf of the Four Corners Health Department, I am proud to share the important work being done to protect, promote, and improve the health of the people we serve across Butler, Polk, Seward, and York Counties. Public health is the foundation of thriving communities, and with your ongoing support, our department continues to deliver innovative, impactful services that reach every corner of our four-county region.

Four Corners addresses urgent community needs by investing in drug and alcohol counseling, prevention education, and mental health resources that connect people to the care they need when they need it most. Through coordinated care teams, we are reducing barriers, improving outcomes, and creating a safety net of services that no single organization could provide alone.

We educate to create safer roads and farms by reinforcing safe driving practices and teaching the safe operation of agricultural equipment—critical initiatives for a rural region like ours.

We believe that vibrant, connected communities start with healthy individuals. Our team provides education and local classes to help residents manage chronic conditions such as diabetes, high blood pressure, and depression, as well as programs to prevent injuries like falls, which are a major health risk for older adults. These programs empower community members with the tools and knowledge to take control of their health, improving quality of life while reducing strain on our healthcare systems.

An investment in public health makes all of this possible. It allows us to deliver life-saving programs, respond quickly to emerging health concerns, and lead innovative initiatives that strengthen our region's overall health. From ensuring rural residents have access to essential care, to addressing mental health and substance use challenges, to building a culture of prevention, your support helps create a healthier Nebraska for every resident—today and for generations to come.



With gratitude,

Laura McDougall, MS
lauram@fourcorners.ne.gov