

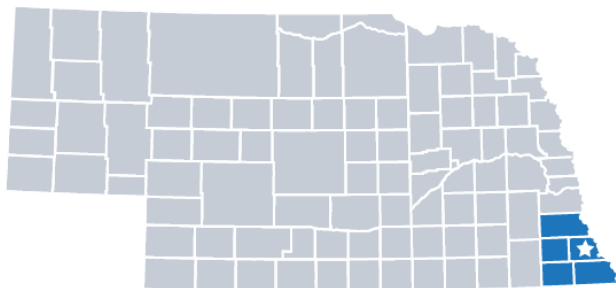


2023

ANNUAL REPORT

SOUTHEAST DISTRICT HEALTH DEPARTMENT

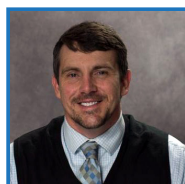
"Cooperating for your good health."



JOHNSON, NEMAHA, OTOE, PAWNEE, RICHARDSON

Our Priorities

The Southeast Health District (SEDHD) 2022 Community Health Improvement Plan (CHIP) was developed in partnership with the Southeast District Health Department (SEDHD) and the district's six hospitals – Johnson County Hospital, Nemaha County Hospital, CHI St. Mary's, Syracuse Area Health, Pawnee County Memorial Hospital, and Community Medical Center – plus various other community partners and agencies. The CHIP addresses the health concerns of five counties - Johnson, Nemaha, Otoe, Pawnee, and Richardson. Rather than selecting definite priorities, SEDHD and its partners elected to prioritize broad, overarching themes within the district. Priority areas selected were: Behavioral/Mental Health, Preventative Care and Screening, and Social Determinants of Health.



Grant Brueggemann, MPH

Health Director

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11 employees | population 38,696

www.sedhd.org

(402) 274 - 3993



51% more families are being served in HFA

MATERNAL, CHILD, & FAMILY HEALTH

What we do: SEDHD provides home visitation services to families in the district, utilizing the Healthy Families America (HFA) approved curriculum. Over the last 4 years, enrollment has increased by 51%.

Why we do it: Home visitation strengthens parent-child relationships, promotes healthy child development, and enhances family wellbeing.

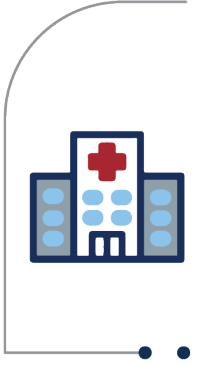


122 investigations of reportable diseases 2022

COMMUNICABLE DISEASE CONTROL

What we do: SEDHD conducts disease surveillance, responds to outbreaks, and prevents and mitigates the spread of infectious and communicable diseases.

Why we do it: Disease surveillance is an important epidemiological tool to monitor the health of the community. Pathogens could spread rapidly throughout a community without disease surveillance.

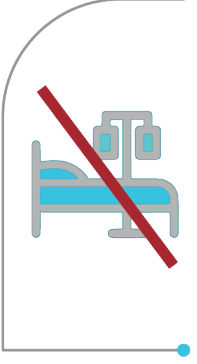


64% of Nebraska's 3rd graders experience dental caries

ACCESS TO & LINKAGE WITH CLINICAL CARE

What we do: SEDHD provides dental services to adolescents who might otherwise lack preventative care and face barriers in accessing oral healthcare.

Why we do it: Oral health is linked to whole-body health across the lifespan. Oral disease can lead to pain, heart disease, stroke, and other issues. Public health services can reduce the risk of oral health disease and other chronic diseases.



1 in 3 adults has a chronic health condition

CHRONIC DISEASE & INJURY PREVENTION

What we do: SEDHD conducts health screenings at community events and worksite wellness events for local businesses. We provide education related to diabetes, cardiovascular disease, cancer, and other chronic diseases.

Why we do it: Chronic disease and injury prevention and control programs save lives, support the economy through a healthy workforce, improve quality of life, and reduce healthcare expenditures.



SEDHD's lung cancer rates are **18% higher** than the state's

ENVIRONMENTAL PUBLIC HEALTH

What we do: SEDHD disseminates free radon test kits throughout the district to assist community members in determining radon levels in their homes, and provides education regarding the risks associated with radon exposure.

Why we do it: Radon is the number one cause of lung cancer among non-smokers. Although lung cancer can be treated, the survival rate is one of the lowest for those with cancer.

SOUTHEAST DISTRICT HEALTH DEPARTMENT (SEDHD)

JOHNSON NEMAHA OTOE PAWNEE RICHARDSON

Minority population: **11.7%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander

7% of residents speak languages other than English
Common Languages: Spanish & Mayan languages

Minority Health Initiative (MHI)



MHI eligible residents: **4,545**



Funds Received FY 2022-2023: **\$28,055**

Strategies & Outcomes

SEDHD focused on minority community engagement in the last fiscal year. A workgroup was established that includes community leaders representing the area's minority populations. This group is supporting SEDHD's efforts to build our relationships across diverse communities and address minority health disparities. We continue our work to enhance engagement with and participation of minority populations in our planning and programs.

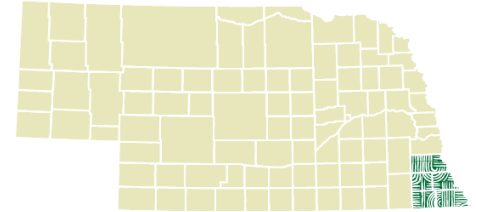
Other work helping all communities thrive

SEDHD's Vaccine for Children (VFC) program addresses barriers to care experienced by rural communities. This program provides vaccines at no cost to children who are uninsured, underinsured, or enrolled in Medicaid. The department's Brighter Smiles program provides oral health screenings, fluoride varnish, and dental sealants in daycares, schools, and nursing homes. As needed, translation services are available to families accessing these services.

Other Demographics:

Based on total population: 38,696

5 Rural counties:



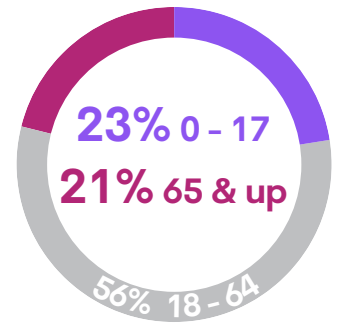
Rural & Micropolitan Metropolitan



16%

Persons with disabilities

Ages:



9%

Veterans



www.sedhd.org

Grant Brueggemann | Director | grant@sedhd.org



We speak English & Spanish!