

2024-2025 MHI Report

Southwest Nebraska Public Health Department (SWNPHD)

Chase, Dundy, Frontier, Furnas, Hayes, Hitchcock,
Keith, Perkins, and Red Willow Counties



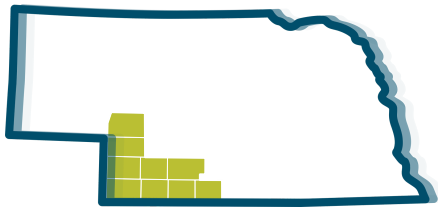
\$24,565

FY24-25 MHI Award



4,196

MHI-eligible Residents



DISTRICT PROFILE

Total Population **37,757**

25% ages 0-19

24% ages 65 & up



5.6%

Veteran Population



15.6%

Persons with disabilities



10%

Speak languages other
than English

11% Minority Population



**Southwest Nebraska
Public Health Department**

PREVENT • PROMOTE • PROTECT

MHI WORK PLAN

SWNPHD planned to expand preventive health services, increase bilingual communication, and partner with schools, rural worksites, and community groups to reach minority residents with education and resources that support healthier living.

COMMUNITY IMPACT

By offering bilingual health screenings, Healthy Cooking Classes, and translated CredibleMind resources, residents gained new tools to understand and improve their health. SWNPHD offered screenings for rural worksites. Participants learned healthier habits and received trusted services where they live and work.

HIGHLIGHTS

49 Residents Screened

Residents received bilingual cholesterol, glucose, and blood pressure checks at local worksites and in the community.

18 Workers Vaccinated

A workplace participated in an on-site flu shot clinic.

20 Residents Completed Classes

Residents joined Healthy Cooking Classes in Hayes County to learn nutritious meal preparation and lifestyle changes.

100% Partner Participation

Ag employers, rural hospitals and clinics, and other local agencies actively supported preventive health screenings and outreach to people in their communities.

swhealth.ne.gov

(308) 345-4223



We speak English & Spanish!