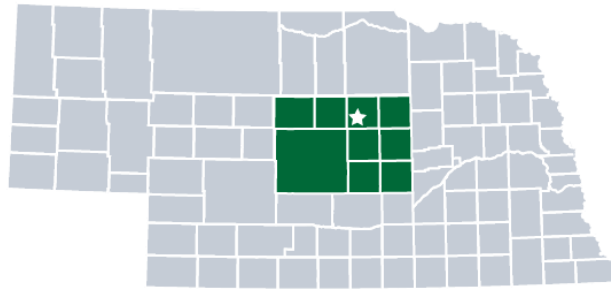


LOUP BASIN PUBLIC HEALTH DEPARTMENT

*"Healthier People, Healthier Communities,
Healthier Tomorrows."*



**BLAINE, CUSTER, GARFIELD, GREELY, HOWARD,
LOUP, SHERMAN, VALLEY, WHEELER**

Our Priorities

Loup Basin Public Health Department (LBPHD) strives to improve the overall health and well-being of the community and accomplishes this by collecting population health data to help better understand the range of factors that can impact individuals' health. The health department collaborates with multiple partners including our hospitals, clinics, schools, coalitions, pharmacies, and others to help make this single data report, also called our Community Health Assessment (CHA). This assessment is generated every three years to help align with our area hospitals. When looking through the data, the two biggest health concerns were mental and behavioral health, with a 4.5% increase in mental health issues in LBPHD's district since 2020. LBPHD takes the data from our CHA and creates the Community Health Improvement Plan (CHIP) which was rolled out in March 2023 and is being implemented over the next three years. The CHIP focuses on mental and behavioral health.



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15 employees | population 29,957

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HFA moms are 5X more likely to enroll in school and training

MATERNAL, CHILD, & FAMILY HEALTH

What we do: LBPHD provides home visiting services to families in the district utilizing the Healthy Families America (HFA) model. HFA strengthens relationships between parents and children.

Why we do it: By preventing adverse childhood experiences (ACEs), LBPHD helps set children on a healthy path. HFA helps parents succeed. HFA moms are 5 times more likely to enroll in school/training programs.

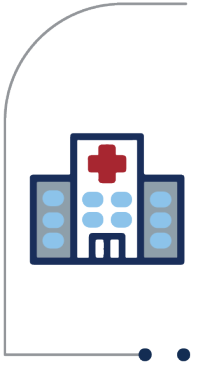


Health departments monitor for **140 reportable diseases**

COMMUNICABLE DISEASE CONTROL

What we do: Monitor reportable illnesses reported by area labs, clinics, and hospitals. We provide timely and appropriate responses to limit further spread and help those who are infected navigate their illness.

Why we do it: Timely prevention and control activities can stop outbreaks that can lead to widespread illness, missed work, school absences, and other hardships. Many reportable diseases can lead to serious illness or death.

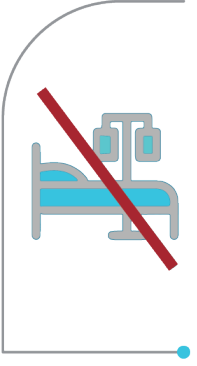


1,926 children received oral health screenings

ACCESS TO & LINKAGE WITH CLINICAL CARE

What we do: Our public health certified dental hygienist leads Loup Basin Smiles. We provide oral screenings and apply fluoride varnish in Head Start programs, preschools, and elementary schools district-wide.

Why we do it: Compared to urban children, rural children receive fewer dental sealants and have higher rates of tooth decay. LBPHD counties are all rural and 3 are Dental Health Shortage Areas.



4100+ adults in LBPHD are affected by diabetes

CHRONIC DISEASE & INJURY PREVENTION

What we do: Through the Live + Well program, LBPHD offers health screenings to the public and uses an individual's result to develop personalized education.

Why we do it: The diabetes rate for Loup Basin is 11.3% and pre-diabetes is 4.6%. Area residents can improve their health-related to this chronic disease through modifications in nutrition and physical activity.



61.6% of residential homes in LBPHD were built before 1979

ENVIRONMENTAL PUBLIC HEALTH

What we do: LBPHD participates in the Childhood Lead Poisoning Prevention Program. We monitor for high blood lead levels and link exposed children and their families to recommended services and interventions.

Why we do it: Lead is especially toxic to children under age 6 and is often present in structures built before 1979. Exposure to lead can harm a child's developing brain.

LOUP BASIN PUBLIC HEALTH DEPARTMENT (LBPHD)

BLAINE CUSTER GARFIELD GREELY HOWARD LOUP SHERMAN VALLEY WHEELER

Minority population: **5.8%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander

3% of residents speak languages other than English
Common Language: Spanish

Minority Health Initiative (MHI)



MHI eligible residents: **1,564**



Funds Received FY 2022-2023: **\$7,673**

Strategies & Outcomes

This was Loup Basin Public Health Department's first year with MHI funding. The health department identified where our minority communities are located and strategized from the data that was collected in the Community Health Assessment to create a prevention strategy based on the potential barriers and negative effects our minority populations face. The top concerns were access to health care, behavioral health, and cancer. LBPHD has also added a new translation platform, Propio, that will be utilized on-site or at off-site clinics or events where those we serve may need translation services. Prior to implementing Propio, LBPHD used NALHD's Spanish-language translation services to integrate Spanish content throughout our website, social media outlets, CHA/CHIP, and any other public documentation.

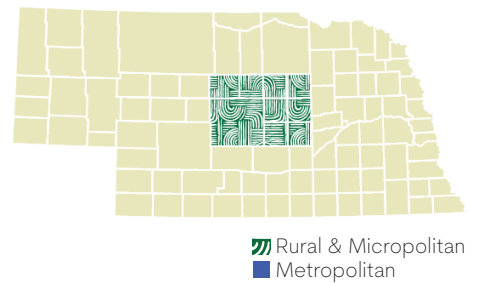
Other work helping all communities thrive

LBPHD's wellness program, Live + Well, provides on-site annual preventive services that are free to the public. Health screenings include tests on total cholesterol, HDL and LDL cholesterol, triglycerides, thyroid stimulating hormone, glucose, blood pressure, pulse, Body Mass Index, and a health risk assessment. LBPHD also takes this program on the road to offer free health screenings to diverse, rural, and underserved populations at their places of work. No matter where we encounter Live + Well participants, we take the opportunity to connect people with medical services.

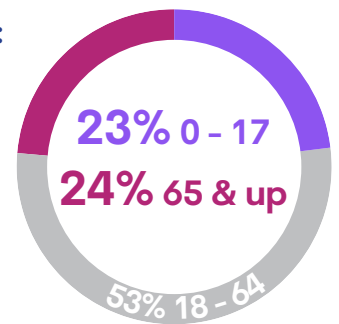
Other Demographics:

Based on total population: 29,957

9 Rural counties:



Ages:



www.lbphd.ne.gov

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