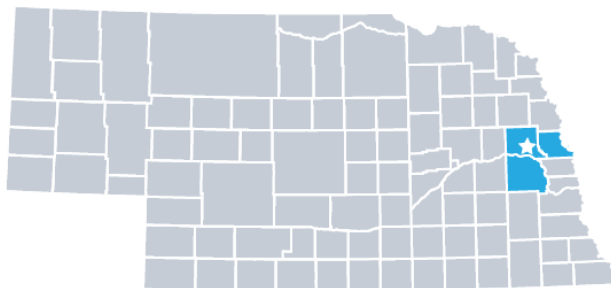


THREE RIVERS PUBLIC HEALTH DEPARTMENT

"Empower and educate families while promoting healthy living for the improvement of our communities."



DODGE, SAUNDERS, WASHINGTON

Our Priorities

Three Rivers Public Health Department (3RPHD) collects and monitors population health data to identify gaps and barriers and assure improvement in health outcomes for the health district. The most recent Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) were completed in 2022. Priority health issues identified by the CHA were Behavioral Health and Unhealthy Lifestyles. Access to Care has been another issue that has been identified through the CHA/CHIP process. Health equity is a focal point of all health improvement efforts and reducing health disparities continues to be another priority initiative where 3RPHD strives to improve. During the past year, TRPHD has hosted quarterly CHA/CHIP steering committee meetings. These meetings enable local stakeholders to review relevant health data, monitor progress, and share CHIP successes. Progress performance metrics are tracked through the 3RPHD's dashboard and an annual report is shared with the community.



Terra Uhing
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19 employees | population 79,956

www.threeriverspublichealth.org

(402) 727 - 5396

MATERNAL, CHILD, & FAMILY HEALTH

What we do: 3RPHD worked with schools to reduce motor vehicle injuries and deaths among teens. We also hosted assemblies featuring a national speaker, Teens in the Driver's Seat program, and Teens in the Driver's Seat conference.

Why we do it: Motor vehicle crashes are a leading cause of injury and death among teens. Teens in the Driver's Seat addresses the risks for this age group and strives to save lives and reduce injuries.

COMMUNICABLE DISEASE CONTROL

What we do: 3RPHD monitored for cases of 140 different reportable diseases. Case investigations determined the cause and links cases together. Case investigators shared information on treatment and preventing further infections.

Why we do it: Timely prevention and control activities can stop outbreaks that can lead to widespread illness, missed work, school absences, and other hardships. Many reportable diseases can lead to serious illness or death.

ACCESS TO & LINKAGE WITH CLINICAL CARE

What we do: 3RPHD provided access to reproductive healthcare and family planning services for low-income patients through the Title X program. The addition of telehealth further reduced barriers to accessing healthcare.

Why we do it: Family planning and preventive care are essential services. Factors like an inability to pay or lack of transportation should not be barriers. In fiscal year 2022, 73% of our patients were uninsured.

CHRONIC DISEASE & INJURY PREVENTION

What we do: 3RPHD provided Living Well workshops to teach community members how to take control of their health. We educated families on the proper selection and installation of car seats and the importance of bike safety.

Why we do it: We want to empower individuals and families to take charge of their safety and provide them the tools needed to do so.

ENVIRONMENTAL PUBLIC HEALTH

What we do: 3RPHD provided vector surveillance, case management for child lead poisoning, interpretation of radon test results, education of private well owners about water quality, and education about animal bites/exposures.

Why we do it: Tick and mosquito surveillance provide real-time tracking of viruses in our area. Over the past year, 64 cases of West Nile Virus and 4 West Nile Mosquito pools were reported in our district.

9 student assemblies reached over 3,300 students

140 investigations of reportable diseases

73% of patients were uninsured

164 bike helmets distributed & 90 car seats checked

4 West Nile Virus positive pools

THREE RIVERS PUBLIC HEALTH DEPARTMENT (3RPHD)

DODGE SAUNDERS WASHINGTON

Minority population: **11.4%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander

7% of residents speak languages other than English
Common Languages: Spanish & Mayan languages

Minority Health Initiative (MHI)

MHI eligible residents: **10,747**

Funds Received FY 2022-2023: **\$61,462**

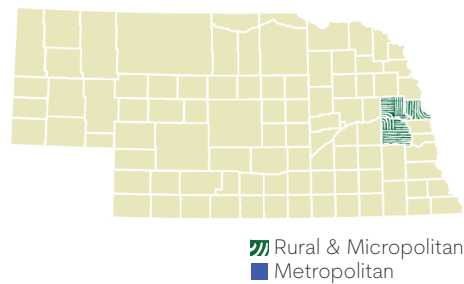
Strategies & Outcomes

Minority community concerns include healthcare, oral health, diabetes, healthy foods, heart disease, mental health, cancer, COVID tests/vaccines, substance use disorder, exercise, and transportation. In addition, this community was concerned about language barriers, accessing immigration lawyers, and unemployment. Over the most recent program year, 3RPHD successfully built new and improved existing partnerships with organizations in our community. We organized events in English, Spanish, and K'iche' focusing on education, prevention, and connecting to services. These events included: a women's health retreat; Ama Tu Corazón; Living Well; MHI screening, and mental health/substance abuse expert panelists. Continuing to stay connected and involved helps us receive great feedback on how to improve and do more to address communities' needs. Two strong partnerships we've established beyond our MHI funded work include our Spanish Networking Group and partnership with Fremont Family Coalition (FCC). The Spanish Networking Group consists of Spanish speaking and non-Spanish speaking professionals from various organizations that come together and discuss programs, events, and resources that help address community needs and disparities. Our collaboration with FCC builds bridges between us, the client, and community resources to help with rent, food, and housing.

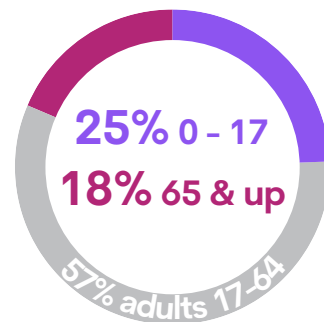
Other Demographics:

Based on total population: 79,956

3 Rural counties:



Ages:



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We speak English & Spanish!