

Central District Health Department (CDHD)

Hall, Hamilton, and Merrick Counties



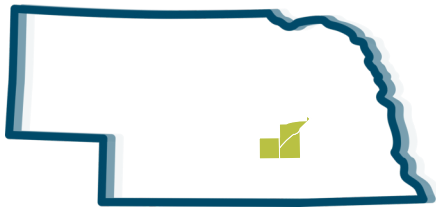
\$137,980

FY24-25 MHI Award



25,032

MHI-eligible Residents



DISTRICT PROFILE

Total Population **79,563**

29% ages 0-19

17% ages 65 & up



4.5%

Veteran Population



12.7%

Persons with disabilities



27%

Speak languages other than English

31.5% Minority Population



Central District
HEALTH DEPARTMENT



MHI WORK PLAN

CDHD used Minority Health Initiative funds to expand access to chronic disease self-management education and to strengthen community outreach. The plan focused on delivering Living Well with Chronic Conditions workshops, engaging local agencies to extend health education, and leveraging the Community Messaging platform to share timely, bilingual health information.

COMMUNITY IMPACT

Through MHI funding, CDHD gave residents practical tools to manage chronic disease, build stronger connections with local partners, and expand bilingual communication channels. These efforts improved individual health outcomes, strengthened community readiness, and demonstrated efficient use of resources.

HIGHLIGHTS

3,000+ Users Connected

The Community Messaging platform delivered timely, bilingual information directly to residents.

25 Agencies Engaged

Schools, chambers, and community groups partnered to expand outreach on priority health issues.

Building Skills for Healthier Living

Residents completed Living Well with Chronic Conditions, building skills to manage diabetes and related chronic disease.

Maximized Investment

By leveraging partners and technology, CDHD expanded access while keeping costs low.

cdhd.ne.gov

(308) 385-5175

We speak English & Spanish!