South Heartland District Health Department is locally governed and serves all 45,682 residents in Adams, Clay, Nuckolls, and Webster Counties.

**Core Functions & 10 Essential Services of Public Health**

**ASSESSMENT:** Collect and analyze information about health problems in Nebraska Communities.

**POLICY DEVELOPMENT:** Work with partners to apply data, educate the public, and develop programs and policies—all to address and prevent illness, disease, and disability.

**ASSURANCE:** Promote effective coordination and use of community resources to protect the health and wellbeing of Nebraskans.

**What Influences Health?**

- **40%** Social & Economic Factors
- **30%** Health Behaviors
- **20%** Health Care
- **10%** Physical Environment

**80%** of what influences health and wellbeing occurs outside of the clinical care setting—in homes, workplaces, schools, and communities.

Local health departments (LHDs) are Chief Health Strategists—partnering across sectors to promote safety, prevention, and wellness to address that 80%.

**Our Priorities**

Public health priority areas included in our current Community Health Improvement Plan (CHIP):

- Access to Health Care
- Behavioral / Mental Health
- Substance Misuse Prevention
- Obesity & Related Conditions
- Cancer

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South Heartland District Health Department
2019 Profile

Our Team

Revenue

- Donations 1%
- Fees for Service 1%
- State Sustained (LB 692, LB 1060, LB 1182) 41%
- Federal Direct or Local 0%
- Grants/Contracts 5%
- Other 1%
- State-Other (including Federal pass-through) 51%

$734,744

Expenditures

- Public Health System Strategy 1%
- Preparedness 12%
- Epidemiology/ Surveillance 4%
- Immunizations 5%
- Injury Prevention 1%
- Chronic Disease Prevention 35%
- Foundational Capabilities and Administrative 32%
- Quality Improvement 6%
- Other 4%

$747,882

51% of SHDHD’s FY 2018 revenue included federal dollars passed through from the state.

41% of SHDHD’s FY 2018 revenue came from the Nebraska Health Care Cash Fund and General Fund.

Dollars going to LHDs keep health care systems & communities strong.

SHDHD Staff
Gender
- Female 78%
- Male 22%

SHDHD Staff
Age
- 20-29 14%
- 30-39 7%
- 40-49 14%
- 50-59 36%
- 60+ 29%

SHDHD Staff
Race/Ethnicity
- White 100%
- Hispanic 14%
- (86% are non-Hispanic)

Per Capita Expenditures

- SHDHD $16
- National $39

Every $1 invested in prevention saves $5.60 in health care costs!

Worth the investment.

This profile was developed by the Nebraska Association of Local Health Directors. Local and state level data was retrieved from a survey sent out in November of 2018 and completed by 18 NALHD member LHDs. Population data was taken from the 2017 census estimate from the United States Census Bureau. For more information about this health department go to www.nalhd.org.