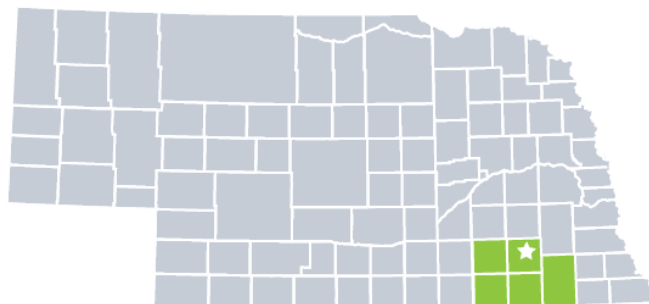




## **PUBLIC HEALTH SOLUTIONS**

*"Healthy opportunities for everyone where we live, learn, work, and play."*



### **FILLMORE, GAGE, JEFFERSON, SALINE, THAYER**

#### **Our Priorities**

Public Health Solutions (PHS) has prioritized building and sustaining partnerships to provide a comprehensive, working steering group across the five-county district. Over the past year, the Partners for a Healthy Community group has met to begin the work of community needs assessment and health improvement planning. The group came together to develop action steps to provide sustainability for the coalition and created a new vision statement. PHS partnered with Blue Valley Community Action to create the first joint Community Health & Needs Assessment for the district. This information will be used by the Partners for a Healthy Community group to determine priority areas for the next 3-5 years. Working subcommittees of the group have formed to address specific areas such as health equity, early childhood services, and environmental health. The group will represent demographics of the PHS district and is facilitated by a PHS staff position, dedicated to the project.



**Kim Showalter, RN, BSN**

Health Director

kshowalter@phsneb.org

20 employees | population 53,928

**[www.phsneb.org](http://www.phsneb.org)**

**(402) 826 - 3880**



Home visiting serves 80 families

## MATERNAL, CHILD, & FAMILY HEALTH

**What we do:** Highly-trained PHS staff provide in-home visitation and early childhood services to help parents in 80 families become confident parents, able to meet the physical, mental, and emotional needs of their children.

**Why we do it:** Children who have a responsible, caring adult in their lives are better prepared for healthy growth and development.

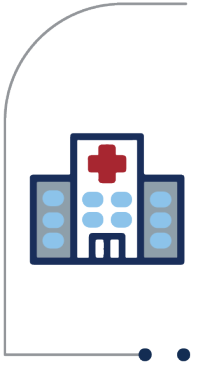


82% of our residents age 65+ were immunized for COVID-19

## COMMUNICABLE DISEASE CONTROL

**What we do:** PHS monitors communicable diseases year-round and provides evidence-based guidance, surveillance, and immunization practices for schools, businesses, families and individuals, and community partners.

**Why we do it:** PHS communities rely on us for timely and accurate information and immunizations to prevent widespread illness, missed work, school absences, and other hardships (including death).

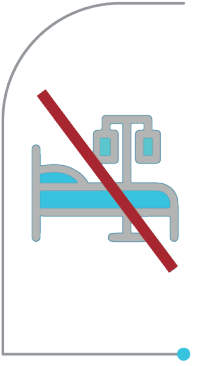


Nurse case management helps 49 people

## ACCESS TO & LINKAGE WITH CLINICAL CARE

**What we do:** PHS helps individuals access the resources needed to be healthy. PHS provides application assistance, nurse case management and wellness programs to district residents.

**Why we do it:** Everyone wants to be as healthy as possible. By ensuring access to critical health and wellness service, district residents can take charge of their health and their health needs.

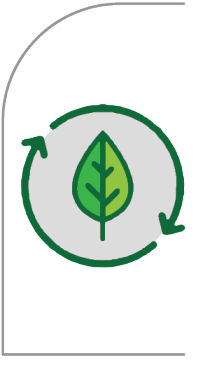


Wellness opportunities for 234 residents

## CHRONIC DISEASE & INJURY PREVENTION

**What we do:** Provide programs including tai chi, nurse health coaching, and small group fitness and wellness classes. Last fiscal year, 234 individuals participated in one of more of these opportunities.

**Why we do it:** Caring for individual health needs is easier with a strong support system. To prevent disease and manage chronic disease, PHS helps district residents achieve their health goals.



400+ free radon test kits distributed

## ENVIRONMENTAL PUBLIC HEALTH

**What we do:** PHS provides over 400 radon home test kits at no cost to district residents, with follow-up education and advocacy when test results are received.

**Why we do it:** There is no safe level of radon exposure. Left undetected, radon can cause permanent damage to lungs and is the second leading cause of lung cancer.

# PUBLIC HEALTH SOLUTIONS (PHS)

FILLMORE GAGE JEFFERSON SALINE THAYER

Minority population: **13.3%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander



**9%** of residents speak languages other than English

**Common Languages:** Spanish & Mayan languages

## Minority Health Initiative (MHI)



MHI eligible residents: **7,897**



Funds Received FY 2022-2023: **\$48,746**

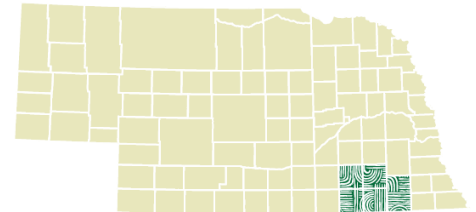
## Strategies & Outcomes

The PHS Health Equity, Diversity, & Inclusion Team was formed to intentionally: address health equity among staff; enhance cultural and linguistic competency to improve the quality of client care; expand efforts to eliminate disparities in the community; and provide community leadership on topics of diversity, inclusion, and health equity. The first objective was to conduct a Minority Needs Assessment to identify strengths, weaknesses, and primary health concerns in the minority population. A total of 524 surveys were completed, many by way of a community 'street team' who met in-person with survey respondents in order to capture accurate and detailed responses. Additionally, a Health Equity sub-committee was developed as part of our larger stakeholder group in order to assist in completing action steps related to survey outcomes and data. A major focus of health equity work was the development of the PHS Language Access Plan and formal policies related to interpretation and translation services provided by the department, which were both presented to the PHS Board of Health for approval, and later, to the staff for training purposes. A Basic Interpreters Workshop was developed and piloted and will be offered to community partners and organizations to increase the pool of prepared interpreters in our communities.

## Other Demographics:

Based on total population: 53,928

## 5 Rural counties:



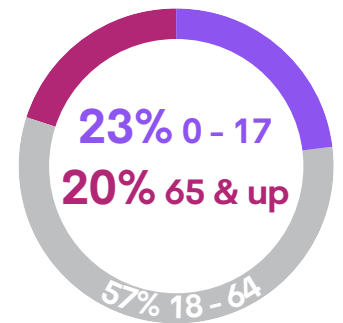
Rural & Micropolitan Metropolitan



**15%**

Persons with disabilities

## Ages:



**7%**

Veterans



[www.phsneb.org](http://www.phsneb.org)

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We speak English, Spanish, & K'iche!