

+ **2024-2025 Annual Report**

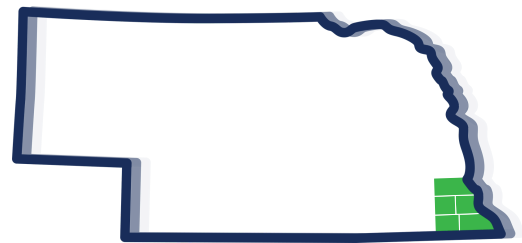
Southeast District Health Department (SEDHD)

 **11** employees 

 **38,709** residents 

CHIP Priorities:

- ▶ Improve Access to Behavioral Health Services
- ▶ Reduce Transportation Barriers



Johnson, Nemaha, Otoe, Pawnee,
and Richardson Counties



5

rural counties



2.8

FTEs per 10,000
(Nat'l average is 5.6)



17%

of adults report
fair to poor health

"Our staff work tirelessly to make sure all communities have access to the public health services they deserve."

—Grant Brueggemann, Executive Director
grant@sedhd.org



Southeast District Health Department (SEDHD) 2024-2025

Examples of Foundational Public Health Services



526 home visits completed

Maternal, Child, & Family Health

Growing Great Kids (GGK) completed hundreds of home visits to 46 enrolled families. A Family Support Specialist completed depression screenings on the primary caregivers, developmental questionnaires on the focus children, referred families to community resources, and promoted positive parent child interactions. These steps are crucial in reducing child abuse and neglect.



153 referrals to clinical care

Chronic Disease & Injury Prevention

SEDHD conducts health screenings at community and worksite wellness events for local businesses. We educated related to diabetes, cardiovascular disease, cancer, and other chronic diseases. We also provide referrals. Chronic disease and injury prevention and control programs save lives, support the economy through a healthy workforce, and improve quality of life.



40 EBL (elevated blood lead level) cases investigated

Environmental Health

SEDHD worked with the families of 40 area children with lead poisoning to identify possible causes and provide guidance, collected 27 mosquito samples to monitor for vector-borne disease, and distributed 75 radon test kits and provided education and guidance to help residents monitor their exposure to this cancer-causing gas in their homes.



2,184 children served through oral health programs

Access to & Linkage with Clinical Care

Our oral health program partners with 23 schools, Head Start locations, and preschools to provide free oral health screenings, engaging dental education, fluoride varnish, and fluoride applications. Our program promotes healthy smiles, decay prevention and detection, and helps build and support lifelong oral health habits in children.



153 communicable disease cases investigated

Communicable Disease Control

SEDHD prevented and limited the spread of infectious diseases by conducting disease surveillance, responding to outbreaks, investigating 153 cases of reportable diseases, and providing 460 vaccinations. Our work is important for monitoring our community's health and helping improve health outcomes.

From the Director

The past year has brought continued growth and progress to the Department. We have expanded services across the district and remain committed to implementing programs that meet the needs of residents in Johnson, Nemaha, Otoe, Pawnee, and Richardson Counties. Guided by the Community Health Assessment and Community Health Improvement Plan, we have enhanced our programming in key priority areas. This includes strengthening chronic disease prevention and management efforts, expanding behavioral health outreach and education, and building on maternal and child health initiatives that support families and improve early childhood outcomes. These investments allow us to fill longstanding gaps in public health services in southeast Nebraska while addressing emerging needs in our communities. We have also continued to refine our internal processes to ensure the Department operates efficiently and effectively. Our staff work tirelessly to make sure all communities have access to the public health services they deserve, and their dedication remains the foundation of our success. This report highlights examples of our work and the impact we have made over the past fiscal year. We invite you to visit our website to learn more about our programs, partnerships, and ongoing commitment to improving the health of southeast Nebraska.

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