

www:// wcdhd.org  
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## +2024-2025 Annual Report

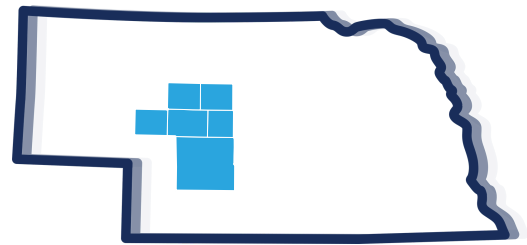
# West Central District Health Department (WCDHD)

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**12 employees**  
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**37,176 residents**  
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### CHIP Priorities:

- ▶ Strengthen Mental Health
- ▶ Reduce Substance Misuse
- ▶ Improve Health Literacy
- ▶ Expand Access to Preventative Care



### 6 rural & micropolitan counties

Arthur, Hooker, Lincoln, Logan, McPherson, and Thomas Counties



**1 of 9**

NE LHDs nationally accredited by PHAB



**3.23**

FTEs per 10,000 (Nat'l average is 5.6)



**18%**

of adults report fair to poor health

*"The future of public health is local, and we are building it together—one partnership, one program, and one person at a time."*

—Meghan Trevino, Executive Director  
trevinom@wcdhd.org



# West Central District Health Department (WCDHD) 2024-2025

Examples of Foundational Public Health Services



## 30+ organizations working together for healthier families

### Maternal, Child, & Family Health

We support maternal child health efforts locally by providing routine childhood immunizations at clinics across our six counties, protecting children from preventable diseases and helping families keep kids healthy, school-ready, and on track with recommended vaccines.



## 1,488 participants in chronic disease prevention programs

### Chronic Disease & Injury Prevention

WCDHD promotes healthy lifestyles across all ages. We supported 563 children through Marathon Kids, who collectively ran 2,065 miles while building endurance and confidence. WCDHD provided ARC First Aid/CPR training to 173 students and 7 staff to increase emergency readiness in schools. Water safety education reached 63 participants. Our workplace wellness initiative engaged 80 adults, with 51 actively participating. The Platte River Fitness Series hosted 19 events, logging 3,189 entries from participants ages 3 to 83.



## 23 EBLL (elevated blood lead level) cases investigated

### Environmental Health

WCDHD mitigates the risk of harms related to environmental exposures. We worked with families of the 23 area children with EBLL to identify possible causes and provide guidance; we collected 33 mosquito and tick samples to monitor for vector-borne disease; our 5 PurpleAir sensors monitored local air quality, and we distributed 61 radon test kits and helped residents understand their exposure to this cancer-causing gas in their homes.



## 509 connected to clinical care services

### Access to & Linkage with Clinical Care

West Central District Health Department helped residents access healthcare by providing interpretation services and offering materials in English, Spanish and other languages. This work helps ensure clear communication between community members and local healthcare providers.



## 3,319 vaccinations given

### Communicable Disease Control

WCDHD completed 194 disease investigations, most commonly related to Campylobacteriosis and E. coli. We also administered 3,319 immunizations to children and underserved residents in offices, in schools, in nursing homes, and at community events in the communities of Mullen, Arthur, Thedford, Tryon, Stapleton, Wallace, North Platte, Sutherland, and other surrounding rural areas. We worked to remove barriers to care and protect those with limited access to health services.

## *From the Director*

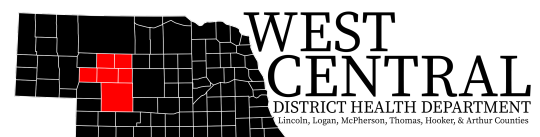
This past year has been one of growth, resilience, and impact at West Central District Health Department. As we reflect on the work accomplished across our six-county rural region, I am filled with pride in our team and gratitude for the partners who made this progress possible.

Together, we have trained community members to respond to health emergencies, promoted physical activity among youth and families, increased access to preventive services, and delivered health education in schools, workplaces, and neighborhoods. We have strengthened our ability to prevent disease outbreaks, respond to environmental health risks, and provide tools that support mental health, chronic disease prevention, and substance use education. These are not isolated efforts. They are the result of collaboration with schools, clinics, law enforcement, nonprofits, businesses, and local leaders who share our vision for healthier people in healthier communities.

As we look to the future, we are excited to deepen these partnerships and launch new initiatives that will continue to move the needle on community health. From expanding access to care and prevention services to launching innovative outreach strategies and workforce development efforts, we are building something strong and sustainable—together.

If you haven't had the chance to visit our department recently, I invite you to stop by. Our team would be honored to walk you through the work we are doing, introduce you to the people behind it, and hear your ideas for how we can continue to support the communities we all care about. Public health is local, and there is no substitute for being on the ground, listening and learning from one another.

Thank you for your continued support, encouragement, and partnership. We are proud of what we have accomplished—and even more excited for what lies ahead.



Meghan Trevino  
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