

+2024-2025 Annual Report

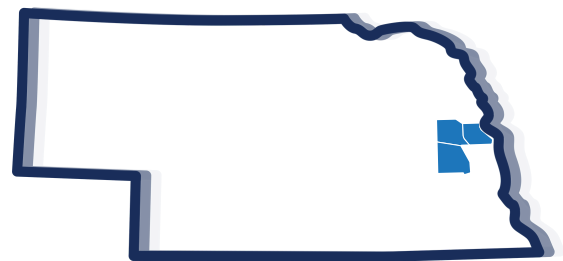
Three Rivers Public Health Department (3RPHD)

20 employees

80,896 residents

CHIP Priorities:

- ▶ Improve Access to Behavioral Health Services
- ▶ Reduce & Prevent Obesity



3 rural & micropolitan counties
Dodge, Washington, and Saunders Counties



1 of 18

NE LHDs implementing Nat'l accreditation standards



2.44

FTEs per 10,000 (Nat'l average is 5.6)



15%

of adults report fair to poor health

“Public Health forms the backbone of a healthy, thriving Nebraska.”

—Terra Uhing, Executive Director
terra@3rphd.ne.gov



Three Rivers Public Health Department (3RPHD) 2024-2025

Examples of Foundational Public Health Services



19,073 adolescents reached

Maternal, Child, & Family Health

We led two MCH-Title V adolescent projects: one on preventing motor vehicle crashes and another on chlamydia/gonorrhea prevention and testing. To address motor vehicle safety, we partnered with nine high schools to host a national speaker on the topic. The STI project included testing clinics at Midland and education with various adolescent groups that reached over 19,000 via media campaign and outreach.



3,684 residents served by injury prevention programs

Chronic Disease & Injury Prevention

Through our Safe Kids coalition, we work to keep kids safe through targeted outreach efforts in both child passenger and bike safety. We engaged hundreds of teens with a national speaker to address the importance of safe driving and the consequences of risky behavior behind the wheel. Our chronic disease program educated 89 residents on heart health, physical activity, and diabetes.



72 EBLL (elevated blood lead level) cases investigated

Environmental Health

Our Environmental Health Program protects the community from diseases related to environmental exposures. We followed up on 72 EBLL cases in local children, collected 34 mosquito and tick samples to watch for vector-borne diseases, and gave out 197 radon test kits and followed up on 35 out-of-range results. Two new HUD grants (Healthy Homes and Lead Hazard Capacity Building) will allow more work toward healthy living environments for everyone.



200 residents served by oral health program

Access to & Linkage with Clinical Care

We provided oral health education, screenings, and fluoride varnishes for first-grade students at Deerfield and Logan View Elementary Schools, dental cleanings for residents at Dunklau Gardens long-term care facility, and oral education at several daycare facilities, including Little Blossoms, Salem Little Saints, and the Fremont YMCA daycare.



2,010 vaccinations administered

Communicable Disease Control

3RPHD completed 477 disease investigations, most commonly related to chlamydia (91) lead poisoning (72), and pertussis (60). We also administered 2,010 immunizations by appointment, for walk-in patients, and at over 100 on-site clinics in our community. We also have a strong partnership with our area schools and held monthly vaccinations clinics at schools during 2024/2025.

From the Director

Public health saves lives every day—often quietly, without headlines. At Three Rivers Public Health Department, we see the results of this work across Dodge, Saunders, and Washington Counties. I'm proud to share the impact of our efforts over the past year and the essential role local health departments play in keeping Nebraska healthy, safe, and strong. In Maternal, Child, and Family Health, we expanded access to prenatal and early childhood care. A key success was implementing presumptive eligibility for pregnant women, connecting them to Medicaid quickly to receive care without delays. In Communicable Disease Control, our team addressed both everyday public health needs and unexpected emergencies. After the 2024 Arbor Day tornado, we launched an immediate response and followed up in 2025 with outreach and disease surveillance to protect affected residents. We also lead year-round monitoring and public education efforts around vaccinations and respiratory illness. By providing vital services like immunizations and chronic disease screenings, we connect residents with clinical care. Our mobile vaccine unit reduces barriers by reaching underserved and rural areas. In Chronic Disease and Injury Prevention, we work with community partners to address obesity, diabetes, heart disease, and injury through evidence-based programs that support long-term health. Our Environmental Public Health team secured two HUD grants to support lead remediation and healthy housing, helping prevent childhood lead poisoning, improving living conditions for families, and bringing important federal funding to our state. While we face challenges like workforce shortages and uncertain funding, our team remains dedicated, innovative, and focused on protecting public health. This vital work often happens behind the scenes, but forms the backbone of a healthy, thriving Nebraska. On behalf of our staff, Board of Health, and communities we serve—thank you for your continued support. Your investment allows us to protect the health of Dodge, Saunders, and Washington Counties—today and for future generations.

