

Dakota County Health Department (DCHD)

Dakota County



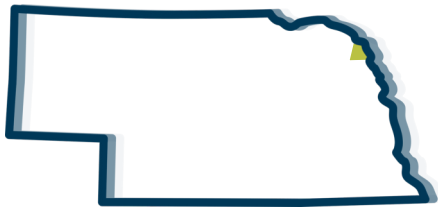
\$71,782

FY24-25 MHI Award



12,104

MHI-eligible Residents



DISTRICT PROFILE

Total Population **21,331**

31% ages 0-19
13% ages 65 & up



3.3%

Veteran Population



12%

Persons with disabilities



44.7%

Speak languages other than English

58.2% Minority Population



MHI WORK PLAN

DCHD aimed to improve chronic disease prevention, strengthen mental health partnerships, and expand outreach. Staff delivered Diabetes Prevention Program (DPP) classes and collaborated with Heartland Counseling to raise community awareness. They also launched an awareness campaign to destigmatize mental health issues and assisted families with Medicaid enrollment and access to preventive services.

COMMUNITY IMPACT

Through this plan, DCHD launched a mental health awareness campaign informed by a local focus group and started with a community photo event. The DPP provided residents with tools to manage their health, and collaboration with Heartland Counseling opened new referral opportunities for support. Outreach events connected families to resources and Medicaid assistance, breaking down stigma and enhancing access to necessary services.

HIGHLIGHTS

150 Residents Reached

Weekly DPP classes provided residents with education and tools for managing chronic disease.

Heartland Counseling Partnership

Regular collaboration improved referral pathways and expanded mental health support.

Community Members Engaged in Outreach

Residents joined networking and awareness efforts, strengthening local connections.

Ongoing Medicaid Support

157 families received assistance completing Medicaid applications, helping them access essential care and preventive services.