

East Central District Health Department (ECDHD)

Boone, Colfax, Nance, and Platte Counties



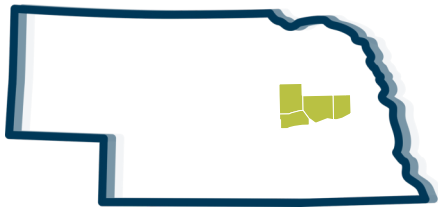
\$86,696

FY24-25 MHI Award



15,048

MHI-eligible Residents



DISTRICT PROFILE

Total Population **53,607**

29% ages 0-19

18% ages 65 & up



4.3%

Veteran Population



10.8%

Persons with disabilities



26.1%

Speak languages other
than English

28.1% Minority Population



MHI WORK PLAN

ECDHD's work plan focused on bringing health information and resources to residents in trusted community spaces: workplaces and schools. Partnerships with United Way, Good Neighbor, Central Hispano, and local businesses supported efforts to reduce stigma around mental health, and expand transportation and Medicaid access. By collaborating with these groups, ECDHD aimed to ensure that residents could access preventive care, screenings, and practical tools for healthier living.

COMMUNITY IMPACT

ECDHD promoted the United Way mental health campaign and hosted a women's group for Spanish speakers. At Columbus Hydraulics, 80 employees received bilingual information on mental health and diabetes-friendly meal planning. ECDHD also organized a Back to School Health Fair, offering preventive services in English and Spanish. Community Health Workers (CHW) continued to support residents with fresh produce distribution and health education.

HIGHLIGHTS

350 Students and Parents Reached

The Back to School Health Fair connected families to screenings and health resources.

Mental Health Campaign for Residents

150+ participants received materials and messaging to reduce stigma and promote access to care.

80 Workers Reached at Local Employer

Columbus Hydraulics employees received bilingual education on mental health and diabetes prevention.

40-100 Residents Served Weekly

CHWs distributed fresh produce and provided health education to families across the district.