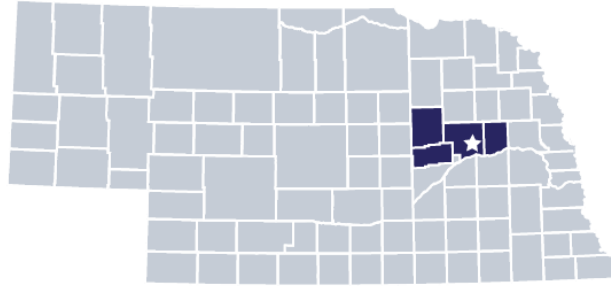


EAST CENTRAL DISTRICT HEALTH DEPARTMENT

"Public health, it's for everyone."



BOONE, COLFAX, NANCE, PLATTE

Our Priorities

East Central District Health Department's (ECDHD) Early Development Network (EDN) provides early intervention services for families with children (birth to age 3) with developmental delays and/or healthcare needs. This program also connects families to needed services. Providing developmental support and services early on improves a child's ability to develop and learn. Early intervention may also prevent or decrease the need for special help later. Families of children with disabilities often need many different services, including speech, physical, or occupational therapy. These services help infants and toddlers grow and develop and provide support to their families.

ECDHD's Early Develop Network had more referrals in 2022-23 than any other year, at 148.



Jessica Hicks, MPH
Health Director
jhicks@ecdhd.ne.gov

21 employees | population 53,533

www.ecdhd.ne.gov

(402) 562 - 7500



Nationally Accredited

MATERNAL, CHILD, & FAMILY HEALTH

What we do: ECDHD provides nutrition and breastfeeding services to residents in our four counties through our WIC program.

Why we do it: The WIC program aims to improve the health and nutrition of low-income women, infants, and children who are at nutritional risk. We do this through education and support.

COMMUNICABLE DISEASE CONTROL

What we do: ECDHD investigates, diagnoses, addresses, and communicates health problems and hazards affecting the population.

Why we do it: Early detection and timely intervention of infectious diseases helps reduce transmission and has a direct impact on the health of our communities. Preventing disease spread helps increase safety.

ACCESS TO & LINKAGE WITH CLINICAL CARE

What we do: ECDHD works closely with our Federally Qualified Health Center (FQHC), hospitals, and healthcare clinics to promote services and make referrals.

Why we do it: Increased access to services and healthcare improves the health of our community.

CHRONIC DISEASE & INJURY PREVENTION

What we do: ECDHD offered two family-based programs targeting childhood obesity: Building Healthy Families; and Hispanic Family Connections.

Why we do it: These programs improve healthy habits and create lasting lifestyle changes that control and/or decrease the impacts of chronic diseases.

ENVIRONMENTAL PUBLIC HEALTH

What we do: ECDHD investigates high childhood lead levels within our district.

Why we do it: Early detection of lead in the blood and environmental evaluations help contain the reduce the long-term effects of lead exposure.

ECDHD served 2,010 clients in 2022

242 general investigations of infectious diseases

18% of adult residents do not have healthcare coverage

1 in 3 adults in the district are obese

51 lead poisoning investigations conducted

EAST CENTRAL DISTRICT HEALTH DEPARTMENT (ECDHD)

BOONE COLFAX NANCE PLATTE

Minority population: **26.3%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander

21% of residents speak languages other than English
Common Languages: Spanish

Minority Health Initiative (MHI)



MHI eligible residents: **14,777**



Funds Received FY 2022-2023: **\$91,214**

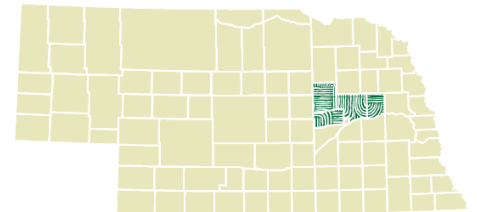
Strategies & Outcomes

ECDHD's Minority Health Initiative (MHI) team's main priority is ensuring that all voices are heard and represented when it comes to health. The team launched a health needs assessment and conducted focus groups and listening sessions to better understand the specific needs of our minority populations and tailor our efforts going forward. The data identified obesity, mental health, and diabetes as the top health priorities for this community. Being active in the community helps the ECDHD team learn firsthand what communities need, as well as improves our relationships with key partners. In response to community requests, our team created a resource guide for Platte and Colfax counties that lists different resources for community members, including contact information and relevant accommodations, such as in what languages services are offered.

Other Demographics:

Based on total population: 53,533

4 Rural counties:



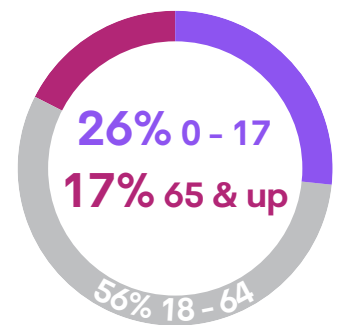
Rural & Micropolitan Metropolitan



12%

Persons with disabilities

Ages:



6%

Veterans



www.ecdhd.ne.gov

Jessica Hicks | Director | jhicks@ecdhd.ne.gov



We speak English & Spanish!