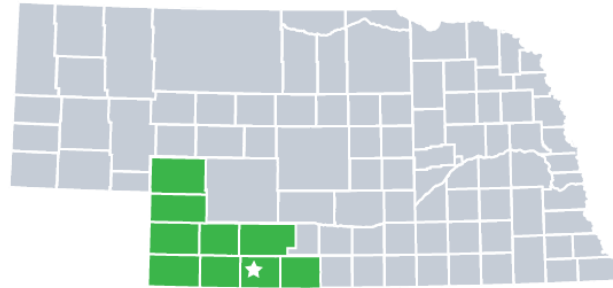


SOUTHWEST NEBRASKA PUBLIC HEALTH DEPARTMENT

"Prevent, Promote, Protect."



**CHASE, DUNDY, FRONTIER, FURNAS, HAYES,
HITCHCOCK, KEITH, PERKINS, RED WILLOW**

Our Priorities

Southwest Nebraska Public Health Department (SWNPHD) started the process of developing a Community Health Assessment (CHA) in 2022-2023. This assessment gathers data from numerous sources, including state and national databases as well as surveys sent to individual residents. Compiled, it gives us a snapshot of the health and well-being of our district and the health issues that trouble and concern us as a whole population. After the completion of the CHA, SWNPHD will engage all staff in strategic planning to determine the next steps in addressing the health issues identified in the CHA.



Myra Stoney, BS, HSA
Health Director
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13 employees | population 38,183

www.swhealth.ne.gov

(308) 345 - 4223



437 shots to 241 children across 9 counties.

MATERNAL, CHILD, & FAMILY HEALTH

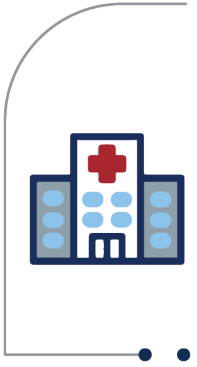
What we do: Vaccines for Children (VFC) gives no-cost vaccinations to uninsured children. To reduce travel, time, and costs for families, SWNPHD holds clinics at 5 regular locations, including schools. We also add sites for flu shots. This program keeps herd immunity strong so that preventable diseases do not cause unnecessary childhood illness to children. Our vaccine clinics provide easy and affordable access to one of the most effective tools of public health.



934 investigations of reportable diseases

COMMUNICABLE DISEASE CONTROL

What we do: We monitor and investigate communicable diseases and work with local clinics and school nurses to make sure everyone knows which diseases must be reported to public health and how quickly. When reports of communicable diseases are received quickly, we can collect all the clues about the person who was infected and who else may be at risk. We then work with them to take the necessary steps to stop the spread.

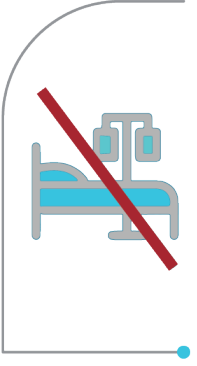


400+ oral health screenings & 300 fluoride treatments

ACCESS TO & LINKAGE WITH CLINICAL CARE

What we do: SWNPHD's Polish Your Pearls staff connects children who need advanced care to pediatric specialists. They build relationships, with a local dentist who agrees to treat a child with multiple cavities.

Why we do it: With no Medicaid dental providers in our district, it is challenging for many children to be seen or treated by a dentist. SWNPHD works with parents to overcome barriers and get children the care they need.



Heart disease is the #1 cause of death in SWNPHD

CHRONIC DISEASE & INJURY PREVENTION

What we do: SWNPHD's Health Hub program offers health screenings and education on chronic disease prevention. Women who qualify receive free health coaching to reach their weight, fitness, and nutrition goals.

Why we do it: Lifestyle changes lower the risks of heart disease, our #1 killer. In addition to improving access to high-quality preventive screening services, SWNPHD enhances community linkages and improves data collection.



Assisted 165 families with potential lead poisoning in children

ENVIRONMENTAL PUBLIC HEALTH

What we do: We work with providers and families to lower the risk of lead exposure to children. We provided 165 families with education, retesting information, and as-needed home lead inspection with the assistance of Nebraska DHHS.

Why we do it: The guidelines for a positive case of lead poisoning were changed, meaning more children are diagnosed with lead poisoning. Educating our providers on the new lead level criteria has helped children have safer and healthier homes.

SOUTHWEST NEBRASKA PUBLIC HEALTH DEPARTMENT (SWNPHD)

CHASE DUNDY FRONTIER FURNAS HAYES HITCHCOCK
KEITH PERKINS RED WILLOW

Minority population: **9.7%**



Hispanic American Indian Black Asian Hawaiian/Pacific Islander

5% of residents speak languages other than English
Common Languages: Spanish

Minority Health Initiative (MHI)



MHI eligible residents: **4,187**



Funds Received FY 2022-2023: **\$25,845**

Strategies & Outcomes

SWNPHD's MHI Coordinator sought people in each county to share information and get feedback about the health needs within their minority community. Preventive screening clinics were then held that offered free blood pressure, glucose, and cholesterol checks, education and health coaching, and COVID-19 and flu vaccines. Each person was connected to a local medical facility and other social services. Public outreach was increased via social media, champions and advisory committee members within each community. The MHI Coordinator also made numerous in-person visits. Data collected at each screening clinic is being used to update the Community Needs Assessment and plan future strategies.

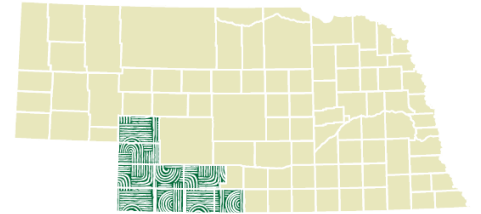
Other work helping all communities thrive

The Polish Your Pearls dental program addresses rural children's barriers to oral healthcare, regardless of the language their family speaks at home. SWNPHD has increased the number of children getting oral health screenings and fluoride varnish in our health district. The program manager collaborates with the schools where families speak languages other than English at home to ensure those families get forms in their primary language, understand the program, and can give informed consent for oral health services.

Other Demographics:

Based on total population: 38,183

9 Rural counties:



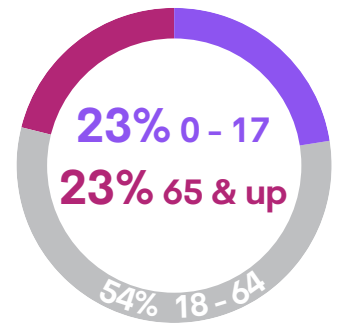
Rural & Micropolitan
Metropolitan



16%

Persons with disabilities

Ages:



9%

Veterans



www.swhealth.ne.gov

Myra Stoney | Director | director@swhealth.ne.gov



We speak English & Spanish!